



# Talk to someone you can trust

Reach a Kaiser Permanente doctor by phone, video, or email, and see the benefits of connected care.<sup>1</sup>



## Teams that know your needs

Get care 24/7 from doctors and nurses who can see your health history and talk to your personal doctor.



## Faster ways to get care

Get quick answers from your doctor by phone – no need to fill out extra forms or sign up with another company.



## Follow-up options at your fingertips

Use our app or go online to view lab results, email your doctor's office with nonurgent questions, or schedule your next visit.



## Your life, your health, and your care – all connected

Choose how to fit care into your life, with support that's available from day one.

Get the care you need – wherever you are – at [kp.org/getcare](https://kp.org/getcare).



# When you need care outside the doctor's office, who do you want to talk to?

Someone who knows about your recent ear infection? And what you're allergic to?

## No extra fees.<sup>2</sup> No unnecessary care. It's all part of your plan.

Sick at home? Stuck at work? You can quickly connect to a whole support team, and get personalized, high-quality care. It's how we help you thrive.

- **Trusted advice, 24/7** – from skilled caregivers who know your medications, allergies, and health risks any time you call
- **Access to world-class specialists** – on hand to get you the right care quickly, which means you don't need to search for a specialist or file a claim
- **All your records, in one place** – so you can access doctors' notes, appointments, prescriptions, and more, using a secure system

<sup>1</sup>When appropriate and available.

<sup>2</sup>For phone appointments and video visits with most plans. Check your plan documents or *Evidence of Coverage* for more information.